

HEALTH-

& WORKLOAD

STUDY

Bauhaus-Universität
Weimar

fs A|U

Dear students,

With this survey "**Health and workload study**" we appeal to all students, who want to participate in it anonymously and voluntarily.

We hope to see an outcome that will be helpful in further discussions.

Study-related stress can cause adverse effects or problems and strengthen already existing problems. Many barriers in college and university environment may complicate the study of students with motor, sensory, organic, psychological, and cognitive limitations. Also here we enter into this framework.

With the term "Impairment" we orient ourselves at wordings from surveys already carried out nationally.

Previous experiences and discussions made us clear to be active in this field and to take it seriously, thus being a support for all students.

We need your help to be able to act.

Thank you for your support!

Your Fachschaft A + U

Please bring the your completed form to the black box in front of the StuKo-Office at the M18 at the 2nd floor, until the end of the year - thanks.

X. Statistical Facts

X.1 At which faculty are you studying

A&U B G M

X.2 Which degree are you aiming for?

Bachelor Master Diploma

X.3 When did you matriculate at the Bauhaus-University Weimar [BUW]?

_____ [Year]

X.4 Did you already do a free- or gapsemester during your stay at BUW?

No Yes, for _____ [Number] Semester(s),
reasons _____ .

X.5 Gender: female male

X.6 Age: _____ [Jahre]

X.7 How do you live in Weimar?

Alone with my Partner

in a flat share with _____ [Number] flatmates

X.8 What do you speak?

german other language

1. Financing your studies

1.1 How do you finance your studies? [multiple answers are available]

I get money from my parents/family/partner

I work besides my studies

regularly: _____ [Hours per week]

not regularly: _____ [Hours per week]

BAföG

Scholarship

Credits supporting students

Pension or compensation paid

My own savings

Financial support by the state, SGB II („Hartz IV“)

I get money from my care insurance

Other, _____

2. Time of studies

2.1 How many time do you spend for your studies?

ca. ____ [Hous/Week]

2.2 How many time do you spend for leisure time? (Music, Sports etc.)

ca. ____ [Hous/Week]

2.3 How many time do you spend with your student colleagues?

ca. ____ [Hours], ____ for studies, ____ for leisure

2.4 Do you have friends beside the university?

Yes No

2.5 How do you see the balance between your time spent for studies and for leisure?

100% Studies

100% Leisure

Are you satisfied with this?

Yes

No

2.6 Leisure time ... [multiple answers are available]

... I miss it

... I have enough leisure time

... should be more

... I don't need it

... Is as important as studies for me

... should be in a good balance with my studies

... Studies are leisure for me

2.7 How often do you go home per semester?

ca. ____ [Times/Semester]

3. Information und Beratung

3.1 Universitäre Einrichtungen [please check]

	I know	I use	helpful	relevant for me
Student advisory service				
Course student advisory				
Examination Office				
Campus Office				
International Office				
Fachschaft/StuKo				
Studentenwerk				
Representative for disabled & chronically ill				

3.2. When and why you have not used specific information and counseling services? *[multiple answers are available]*

- I have/had no need for advice
- I do not belong to the target group of the counseling services
- I do not know if i belong to the target group
- I felt/feel of these counseling services not addressed
- I did not/will not reveal any impairment
- Gathering information/advice was/is associated with much effort
- Another reasons: _____

4. Study mood

4.1 How are you happy with ... *[1=happy ... 7=absolutely unhappy]*

- ... your study: ___ ... your living situation: ___
... University (Teaching): ___ ... der University (Organisation): ___

4.2 How often do you have the feeling to be overloaded?

- always, ___ Day(s) von ___ Days,
from time to time, never, not enough loaded,
depends on the course

4.3 Do you have the feeling to be able to approach your teachers with your problems? Yes No

5. Handycap

5.1 Which of these handicaps are disturbing you during your studies?

[multiple answers are available]

- Handicap of mobility and moving
- Handicap/ Impairment of hearing
- Handicap or impairment of seeing
- Psychological handicap/impairment/ mental handicap
- (other) long lasting or chronic illnesses
- Impairments like writing disability (ex. Dyslexia)
- Other impairments
- No impairments

5.2 Please specify the impairment which has a big involvement on your everyday (student) life.. *[multiple answers are available]*

- Allergy
- Anxiety disorder
- Respiratory problems
- Eyes: Blindness

Eyes: Impairment or Disability
 Depression
 Eating Disorder
 Ears: Deafness
 Ears: Hearing and speaking impairment or disability
 Skin disease
 Dyslexia/ Dyscalculia
 Gasto-intestinal -disease
 Mobility impairment
 Movement disorders
 Personality disorder
 Psychosis
 Rheumatism
 Pain (chronically)
 Speech impediment/ Speech impairment
 Disturbance of metabolism
 Addiction(s)
 Tumour
 Zentral nervous system: Illness/ Disfunction
 Other illnesses/impairments: _____
 I don't want to specify my disease/disability/illness/impairment.

5.5 How often has/have these impairments/illnesses influence on your studies?

Always during my studies
 Sometimes during my studies
 Always when ... _____

5.6 Since when do you have these impairment/illness/...?

I had it the first time...
 ... **before/** ... **after** starting my studies.

5.7 Do you think that the studies had influence on the appearance of your impairment/illness/... ?

Yes No

5.8 Do you think that the studies aggravated/increased your impairment/illness/... ?

Yes No

6. Study organization / Course and Exam situations

6.1 In which areas of your study do you have or had difficulties?

[multiple answers are available]

(If you had these difficulties because of your impairment / have, please mark them with an asterisk!)

presence obligations

rigid order of study sections

predefined credit points quota per semester

Re-getting into the studies after longer breaks (e. g. clinic stays)

conditions of internship

conditions of study-related stays abroad /excursions

high density of examination

repeat and shift of assessments / exams

temporal requirements in testing situations / deadlines

design/ conditions for the provision of credits / exams

design of courses (eg, presentations, group work)

provision of prepared teaching and learning materials

restrictions of participation in courses

length of lessons / lack of breaks

other difficulty, namely: _____

none

6.1 Do you know that there is a disadvantage compensations?

Yes No

I take or I already/have taken up

7. If you still have remarks in conclusion for your situation or the interview, we ask you to inform us about these here:

no coments

Thanks for participation !